

KEY:

AR- Main Campus Activity Room Outings (off OVHL Campus) One on Ones

Delta Activity Room Channel 2500 Streaming Projected events all Homes

Delta October OVHL 2026 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Recreation Director:</u> Bess Nichols Bess.Nichols@ovhlebanon.org <u>Assistant Rec Director</u> <u>Memory Care Coordinator:</u> Madeline Neilson Madeline.Neilson@ovhlebanon.org or ext. 5113 M-F	<u>Delta Recreation Assistant Contacts:</u> Alyson Hampton Su-Th Alyson.Hampton@ovhlebanon.org Anna Helenihi Tu-Sat Anna.Helenihi@ovhlebanon.org	 Mary G. 10/10	Calendar may change due to weather, volunteer, and Veteran Request/Needs. Contact Recreation with concerns.	1 1000 Sensory D2 1030 Moving to Music w/Alyson 1330 Projected Events and Sweets 1500 Ceramics D3	2 RED Friday 1030 Country Drive W/Anna 1430 Ladies Tea D1	3 AM One on Ones 1030 Balloon Bop 1300 Catholic Services on Ch 2500 1400 The Joyful Noise- Gospel Music
4 AM Newspaper/Mail Delivery 1030 Sensory Fun D1 1400 Worship w/Alyson 1545 Church Services Ch. 2500	5 Golden Arch Day 1030 Brains & Bites D3: McDonalds Trivia 1330 Active Games D2	6 1030 Country Drive 1400 Piano w/Linda 1530 Projected Events & Refreshments	7 0830-0930 Delta Planning Meeting 1030 Bible Study w/Anna 1100 Arts and Crafts w/ Alyson D2 1330 Singing Sparrow	8 1000 Song Writing w/Tam 1330 Country Drive to Pumpkin Patch	9 RED Friday 1030 Crafting D3 1330 Cider Social D2 1530 Nail Salon D1	10 AM One on Ones 1030 Balloon Bop 1300 Catholic Services on Ch 2500 1330 Fun Facts and Reminisce D2

11 AM Newspaper/Mail Delivery 1030 Football Fun D3 1400 Worship w/Pastor Fred 1545 Church Services Ch. 2500	12 1030 Country Drive 1330 Active Games D1	13 1030 Piano w/Randy 1400 All Staff 1530 Cookie Decorating and Apple Cider D2	14 Echo Clean Out 1000 Bible Study w/Anna 1030 Arts and Crafts W/Alyson D3 1400 Harvest Party “Flannels and Friends”	15 1000 Lunch at Red Lobster 1530 Moving to Music/ Alyson	16 RED Friday 1030 Crafting D1 1330 Cider Social D3 1530 Homemaking D2	17 AM One on Ones 1030 Balloon Bop 1300 Catholic Services on Ch 2500 1330 Fun Facts and Reminisce D1
18 AM Newspaper/Mail Delivery 1030 Sensory Fun D1 1400 Worship w/Alyson 1545 Church Services Ch. 2500	19 Donut Day 1030 Brains & Bites D2: Donut Word Games 1330 Active Games D3	20 1030 Music w/Jim Aselson 1300 Country Drive to A&W	21 1000 Bible Study w/Anna 1030 Arts and Crafts w/ Alyson D1 1400 Birthday Party Celebration	22 0800 Evergreen Aviation	23 RED Friday 1030 Crafting D3 1330 Ladies Tea D1 1530 Homemaking D2	24 AM One on Ones 1030 Balloon Bop 1300 Catholic Services on Ch 2500 1330 Fun Facts and Reminisce D3
25 Halloween Dress Up Week → AM Newspaper/Mail Delivery 1030 Football Fun D2 1400 Worship w/Alyson 1545 Church Services Ch. 2500	26 Monster Monday 1030 Brains & Bites D1: Pumpkin treats and Jack’ o lantern Trivia 1330 Active Games D3	27 Tailgate Tuesday 1030 Piano w/Randy 1300 Country Drive	28 Witchy/Wizard Wednesday 1000 Bible study w/Anna 1030 Arts and Crafts w/ Alyson D2 1330 Mocktail Social	29 Troll Thursday 1000 Sensory D2 1030 Moving to Music w/Alyson 1400 “Drive-In” Movie and Fun Adams Family	30 Freaky Friday 1030 Country Drive W/Anna 1400 Music w/Next of Kin	31 Happy Halloween! AM One on Ones 1030 Balloon Bop 1300 Catholic Services on Ch 2500 1330 Fun Facts and Reminisce D2